

# Asthma Emergency Guide

an assessment tool for preschool and child care staff  
"Rule of Nine"

**DANGER SIGNS: Call 911** if you see any **ONE** of these:

- Trouble walking or talking
- Child is struggling to breathe
- Lips or tips of fingers are gray or blue
- Child is breathing hunched over

After calling 911, call the office and tell them to contact a parent.

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**ASTHMA SIGNS:** score the severity of these signs before you treat:

## Cough

- None 0
- Less than 1 per minute 1
- 1 - 4 per minute 3
- More than 4 per minute 5

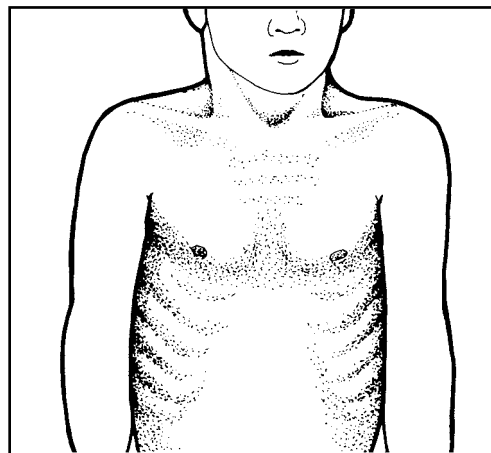
## Sucking in the chest skin

between, above and below the ribs

- None 0
- Can barely see 1
- Easy to see 5
- Severe 9

## Wheeze with naked ear

- None 0
- End of exhale 1
- Throughout exhale 3
- Inhale and exhale 5



Sucking in the chest skin - easy to see

**TOTAL SCORE:** \_\_\_\_\_

**If total score is NINE OR MORE, this is an URGENT problem:**

- Give care using the child's or school's asthma plan.
- Contact a parent. Tell them to take the child to a doctor within two hours.

**If total score is five or more, this is a moderate problem:**

- Give care using the child's or school's asthma plan.
- Contact a parent. Tell them to take the child to a doctor today.