

TEN WAYS TO USE *One Minute ASTHMA: What You Need To Know*



- 1. WAITING ROOM** Ask your patients to read pages 7, 10, 44 and 45 of the eighth edition. These patients will ask better questions and have more focused visits. See study abstract at www.pedipress.com/dm_learn_in_waiting_room.html.
- 2. EXAM ROOM** Ask your patient to read a page or two while you see another patient. When you return, you will be able to have a more fruitful conversation about complex subjects such as the use of inhaled steroids or peak flow monitoring.
- 3. HOME** Assign a particular topic for study before the next visit. Many patients will be motivated to read more.
- 4. EMERGENCY ROOM** Use the waiting and treatment time to cover proper use of a holding chamber or compressor driven nebulizer. Then check the patient's technique.
- 5. HOSPITAL WARD** Establish a library that includes *One Minute Asthma* in English and Spanish as well as *Dr. Tom Plaut's Asthma Guide for People of All Ages*. This will give parents and patients a chance to learn about asthma during their stay.
- 6. ASTHMA CLASS** Distribute *One Minute Asthma* to each attendee, then refer to specific illustrations and pages as you speak. See "How to Give a Talk Based on *One Minute Asthma*" at www.pedipress.com/book_oma_how_to_give_talk.html.
- 7. OFFICE STAFF TRAINING** Assign specific pages of *One Minute Asthma* to receptionists, aides and nurses. Once all staff start using the same vocabulary, communication with patients will be more effective.
- 8. SCHOOL STAFF TRAINING** Assign specific pages for teachers and health aides along with the "School Based Asthma Emergency Guide" at www.pedipress.com/school_main.html.
- 9. CASE MANAGEMENT** Mail *One Minute Asthma* to clients. The case manager and patient will be able refer to the same page during follow-up phone calls.
- 10. ASTHMA LEARNING TOOL** Each question on the "Asthma Learning Tool" (ALT) refers to a specific page of *One Minute Asthma*. Staff learn as they look up the answers. The ALT is available as a free download at www.pedipress.com.