

THOMAS F. PLAUT, M.D.

Curriculum Vitae

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PRESENT

Director, Asthma Consultants. Provides consultation for individuals, HMOs, group practices, hospitals and government agencies. 1988-

Pediatrician, Cooley Dickinson Hospital, Northampton, MA, 1977-

PREVIOUS PRACTICE, CONSULTANT AND CONSULTATION POSTS PRACTICE

Pediatrician, Amherst Medical Associates, later known as Northeast Permanente Medical Group, Amherst, MA, 1977-1988

Courtesy Staff, Children's Hospital and Medical Center, Boston, MA, 1979-1995

Montefiore Hospital and Medical Center, Bronx, NY:

Pediatrician, Martin Luther King, Jr. Health Center, 1968-1977

Adjunct Attending Physician, Pediatrics, 1967-1977, Social Medicine, 1973-1977

Assistant Project Director and Pediatrician, Comprehensive Child Care Project of Hospital and Medical Center and Albert Einstein College of Medicine, Bronx, NY, 1967-1968

Pediatrician and Deputy Director in Charge, Whitesburg, KY branch of Daniel Boone Clinic. 1964-1967

Active Medical Staff 1964-1967, Chief of Pediatrics 1965-1967, Vice-President of Medical Staff 1965-1967 at Whitesburg Appalachian Regional Hospital, Whitesburg, KY.

ASTHMA CONSULTANT

California Department of Public Health. Major content expert for Asthma Education for Childcare and Preschool Staff. 100 page book + DVD. 2004-2005

Rocky Mountain HMO. 2000-2001.

National Heart Lung and Blood Institute, reviewer, NHLBI *Guidelines for the Diagnosis and Management of Asthma* in 1990 and 1996

American Academy of Pediatrics, video, *Mastering Asthma*, 1997

Sunset Park Family Health Center, New York, NY. Asthma intervention. 1995-1996

Principal Health Plan, New Orleans, LA, Asthma Intervention. 1994-1996

State of Massachusetts, Department of Public Welfare, 1992-1995

New York Health and Hospitals Corporation, 1992-1993

Childhood Asthma Project, Garfield Fund, Kaiser Foundation Health Plan, 1988-1992

EDITORIAL

Editor, Practical Tips and Patient-Family Education, *American Journal of Asthma and Allergy for Pediatricians*, 1987-1995

Reviewer, *Chest; Annals of Allergy, Asthma and Immunology; Archives of Pediatrics and Adolescent Medicine*

LICENSURE AND CERTIFICATIONS:

Massachusetts, 1977, #41322

American Board of Pediatrics, 1966, #10646

Kentucky, 1964, #13729

New York, 1961, #86882

National Board of Medical Examiners, 1960, #40605

EDUCATION AND TRAINING:

Residency in Pediatrics, New York University, 1959-60, 1961-64.

M.D., Columbia University, 1959

B.A., History, Yale University, 1955

FACULTY APPOINTMENTS

University of Massachusetts Medical Center, Associate in Pediatrics, 1983-1999.

Albert Einstein College of Medicine, Bronx, NY

Visiting Assistant Professor of Epidemiology and Social Medicine, 1985-1986.

Visiting Assistant Professor of Community Health, 1984-1985.

Assistant Professor of Community Health, 1969-1984.

Preceptor, Residency Program in Social Medicine, 1973-1977

Assistant Professor of Pediatrics, 1967-1977.

Columbia University, Associate in the University Seminar of Social and Preventative Medicine, 1971-1979.

University of Kentucky, Clinical Assistant of Pediatrics, 1964-1967.

Field Faculty, Department of Community Medicine, 1965-1967.

New York University, Teaching Assistant in Pediatrics, 1963-1964.

MEDICAL SOCIETIES:

American College of Allergy and Immunology, Scientific fellow 1989-

American Academy of Pediatrics, Fellow, 1966-

ASTHMA BOOKS:

One Minute Asthma: What You Need to Know. First edition 1990, seventh edition 2005. Pedipress, Inc., Amherst, MA, 64 pp.

El asma en un minuto: lo que usted necesita saber, Pedipress, Inc., Amherst, MA, 2005. 64 pp.

Asthma Charts & Forms for the Physicians Office & Managed Care. Pedipress, Inc., Amherst, MA, 2005. 76 pp.

One Minute Asthma Training Program, Pedipress, Inc., Amherst MA, 2003. 53 pp.

Dr. Tom Plaut's Asthma Guide for People of All Ages, Pedipress, Inc., Amherst, MA, 1999, 310 pp.

Children with Asthma: A Manual for Parents First edition 1983, second edition, rev. 1998, Pedipress, Inc., Amherst, MA, 304 pp.

ASTHMA ARTICLES, POPULAR

Introduction and back matter, *Winning Over Asthma*, second edition 1996, Dolan E, Pedipress, Inc., Amherst, MA, 1996.

Why Don't Good Pediatricians Give Good Asthma Care? *Asthma Update*, 1994; 10.

Get off the Asthma Tightrope, (Interview) *Prevention*, 1994; September, pp. 89-96.

Childhood Asthma, *American Baby*, October 1989, 48-49.

Preface, *Luke Has Asthma, Too*. Rogers A, Waterfront Books, Burlington, VT, 1987.

Update on Asthma, *Early Years*, December 1984, 50-51.

ASTHMA ARTICLES, PROFESSIONAL

Misdiagnosis of asthma

Childhood Asthma is Misdiagnosed as Pneumonia (letter), *Journal of the American Medical Association* 1991; 265:725.

Childhood Asthma: A Missed Diagnosis, *HMO Practice* 1991; 5:102-105.

Is Asthma Misdiagnosed? with Hershey J, Bendich D, Katz H, Schoen E. *Journal of Asthma* 1986; 23:23-24.

Call it Asthma (letter), with Jones E, Marsh D, Gottsegen D. *Pediatrics* 1988; 81:174.

Peak flow monitoring

Monitoring Peak Flow, (letter) *Journal of Allergy and Clinical Immunology*. 1994; 94:273-274.

Perceiving Asthma (letter), *Journal of Asthma*, 1993; 30:139.

Peak Flow: Use in Office Diagnosis and Treatment, *American Journal of Asthma & Allergy for Pediatricians* 1990; 3:115-116.

Peak Flow: The Key to Success in Asthma Treatment, *American Journal of Asthma & Allergy for Pediatricians* 1988; 1:172-177.

Tips for Ensuring Patient Compliance in Peak Flow Monitoring, *Journal of Respiratory Diseases* 1989; 10:8-10.

Diaries and home treatment plans

"Asthma Peak Flow Diary Improves Care" (letter) *Annals of Allergy, Asthma, & Immunology*, 1996; 76:476-8.

The Peak Flow Diary, *American Journal of Asthma & Allergy for Pediatricians*, 1994; 7:37-39.

The peak flow diary: A powerful tool for asthma management, *Contemporary Pediatrics*, 1993; 10:61.

What a Peak Flow Meter Can Do for Children with Asthma," *Contemporary Pediatrics* 1989; Technology Issue, 33-52.

Use of inhalation devices

Safe Home Use of the Compressor-Driven Nebulizer (letter), *American Journal of Diseases of Children* 1990;141:21.

Holding Chambers for Aerosol Drugs, *Pediatric Annals* 1989; 18:12.

Using the Compressor-Driven Nebulizer to Treat Asthma at Home, *American Journal of Asthma & Allergy for Pediatricians* 1988;2:176-179.

Managed care interventions

Managing Asthma Care, *American Journal of Managed Care*, 1997; 3:485-490.

A Systems Approach to Asthma Care, with Howell T, Walsh S, Pastor M, Jones T, *Managed Care Quarterly*, 1996; 4:6-18.

Pediatricians Cut Asthma Hospitalization, Plaut TF, Tochen ML, Gascoigne GB. Poster presentation, First National Conference on Asthma Management, Arlington, VA, 1992.

Asthma Consultation Cuts Hospitalization (abstract), *American Academy of Allergy & Immunology*, 1991.

Education

With Hartman, L. Asthma distance learning program for staff increases practice effectiveness and revenue. Abstract, ACAAI 2003.

Asthma Education in the Waiting Room. Abstract. ACAAI, 2002.

With Hayes, E. *One Minute Asthma Training* Produces Dramatic Improvement in Nurse Practitioner Students' Knowledge, Skill and Education Activities. *ADVANCE for Nurse Practitioners*. August 2003; 43-46.

With Belmonte-Mann. Distance Learning Program Boosts Knowledge, Skills and Teaching Contacts. Abstract, Asthma 2003, sponsored by the National Heart, Lung and Blood Institute. 2003.

Basic Elements of Education for Childhood Asthma, *American Journal of Asthma & Allergy for Pediatricians* 1991; 4:220-222.

Other

Persuading Parents, (letter). *AAP News*, July 2001.

Lack of Knowledge Leads to Poor Asthma Care. *Advance for Managers of Respiratory Care*. March 2001.

Physicians can help asthmatics gain control, *AAP News* (American Academy of Pediatrics), May, 1994.

Effect of Writing on the Treatment of Asthma, (letter) *JAMA*, 1999; vol.282:1811

A Minimal Response to Albuterol Challenge Does Not Exclude a Diagnosis of Asthma, with Westby L, *Journal of Asthma*, 1997; 34:255-256.

Asthma Consultation: A Shared Responsibility, *American Journal of Asthma & Allergy for Pediatricians* 1989; 3:56-60.

Discharging of Asthma Patients, (letter), *Chest* 1989; 96:953.

Childhood Asthma, in *Pulmonary Medicine: Problems in Primary Care*, Brandstetter RD, ed. Medical Economics Company, Oradell, NJ, 1989.

How to Choose an Asthma Doctor, *American Journal of Asthma & Allergy for Pediatricians* 1989; 2:113-115.

Comprehensive Asthma Care Reduces Hospitalization (letter), *Pediatrics* 1986; 78:542.

SELECTED ASTHMA PRESENTATIONS

Asthma 2007: What School Nurses Need to Know. Florida Association of School Nurses. Tampa FL. 2007.

Asthma Quiz for Allied Health Professionals. Annual meeting of the American College of Allergy, Asthma and Immunology. Philadelphia. 2006.

Asthma 2006: What Nurse Practitioners Need to Know. School of Nursing, University of Massachusetts. Amherst, MA. 2006.

Treating and Tracking Asthma in Young Children. (Grand Rounds) Devices, Diaries and Action Plans. (Workshop) Shady Grove Hospital, Rockville MD. 2004

Treating and Tracking Asthma in Young Children. Four presentations for area physicians, Salt Lake City, Utah. 2003

Treating and Tracking Asthma. Three hour workshop for health professionals, one hour presentation for physicians. Jackson Asthma Coalition. Jackson MI. September 2002.

Treating and Tracking Asthma. Providence Alaska Medical Center. Anchorage AK. August 2002.

Asthma 2002. Association of School Nurses of Connecticut. Vernon CT. 2002.

Treating and Tracking Asthma: Inhalation Devices, Peak Flow, Diaries and Home Treatment Plans. Pediatric Physicians of Children's Hospital. Newton, MA. 2002.

Treating Asthma in Young Children. Massachusetts General Hospital Pediatric Asthma Day. Boston MA. 2002.

Asthma 2001: What you Need to Know, grand rounds and a workshop, Shady Grove Hospital, Rockville, MD.

The Basics of Asthma, Illinois Network of Child Care Resource and Referral Agencies, three three-hour seminars in Oak Park, Bloomington and River Forest IL. 2001.

Pediatric Asthma, Berkshire Health Systems, a four hour workshop, Pittsfield, MA. 2001.

Asthma for Nurse Practitioners, University of Massachusetts, Amherst, MA. 2001.

Tracking and Treating Asthma. Asthma Summit II Rhode Island Health Department. Providence, Rhode Island. 2000.

Asthma 1999: What You Need to Know. American Lung Association of Virginia. Abingdon, Virginia.

Tracking and Treating Asthma: Peak Flow Meters, Asthma Diaries and Home Treatment Plans Metro West Medical Center, Framingham, Massachusetts. 1998.

Asthma Diaries and Devices, Children's Hospital, First Beijing Medical University, Beijing, People's Republic of China. 1997.

Asthma 1997: Treating and Tracking Asthma in the Office and at Home," Pediatric Grand Rounds, Mercy Children's Medical Center, Pittsburgh, PA.

Peak Flow Monitoring, Allergy and Immunology Lecture Series, Children's Hospital, Pittsburgh, PA. 1997.

Rating the Content of Asthma Videos and Pamphlets, American College of Allergy, Asthma and Immunology, Boston, MA. 1996.

How to Assess Asthma Educational Materials, with Sabrina Kurtz. Conference on managing asthma in inner-city populations. Boston, MA. 1996.

Interventions lead to drop in asthma hospitalization for children in three Kaiser HMOs. American Academy of Allergy, Asthma and Immunology, New Orleans, LA. 1996.

Asthma 1996. Three-hour seminar for physicians and staff. Harvard Community Health Plan, Providence, RI.

Asthma: What's New in 1996. Grand Rounds at Mercy Baptist Medical Center, New Orleans, LA. 1996.

Hospitalization for Childhood Asthma Drops by 76% During Two-Year Intervention. American Academy of Allergy, Asthma and Immunology-American Thoracic Society Conference, Chicago, IL. 1995.

Asthma 1995: What You Need to Know. Two-hour talk at Pediatric Grand Rounds, Lutheran Medical Center, Brooklyn, NY.

Asthma: 1995. Two one-hour conferences for Principal Health Plan physicians. New Orleans, LA.

Asthma: 1995. Peak Flow and Inhaled Medicines. Three-hour conference for physicians and nurses. Health Plus HMO. McLean, VA.

Developing An Office-Based Patient Education Curriculum. Workshop with Bobby Q. Lanier. ACAI Annual Meeting. San Francisco, CA. 1994.

Peak Flow and Inhaled Medicines. Medical Grand Rounds, Carney Hospital. Boston, MA. 1994.

Peak Flow Monitoring and the Asthma Diary. Asthma Conference, Children's Hospital of Philadelphia—NAEP. Philadelphia, PA. 1994.

Monitoring Asthma. Mayo Clinic Allergy staff. Rochester, MN. 1993.

U.S. Academy of Family Practice, Corpus Christi, TX. 1993.

American College of Allergy and Immunology, seminar for allied health professionals, Mystic, CT. 1993.

Asthma & Allergy Foundation of America, Los Angeles Chapter. Keynote speaker, annual dinner. 1990.

University Hospital pediatric grand rounds, asthma. Jacksonville, FL. 1990.

Diagnosis and Care of the Asthmatic Patient, Asthma, Allergy and Immunology Update for Nurses, the Johns Hopkins Medical Institutions, Baltimore, MD. 1989.

Successful Asthma Management: Peak Flow Monitoring, Pediatric Grand Rounds, Babies Hospital, New York, NY. 1989.

Holding Chambers and Nebulizers, Pediatric Staff, Northeast Permanente Medical Group, White Plains, NY. 1986.

How to Reduce Hospitalization for Asthma, Pediatric Staff, Waterbury Regional Department of Pediatrics, Waterbury, CT. 1985.

A Comprehensive Approach to the Care of Children with Asthma, HMO Interest Section, Ambulatory Pediatric Association, Washington, D.C. 1985.

How to Help Parents Manage Asthma, Pediatric Allergy Clinic Staff, Yale-New Haven Hospital, New Haven, CT. 1984.

Asthma Management Project to Reduce Hospital Admissions, HMO Section, Ambulatory Pediatric Association, San Francisco, CA. 1984.

Use of the Peak Flow Meter, HMO Section, Ambulatory Pediatric Association, Washington, D.C. 1982.

With Freudenberg, Nicholas. Teaching Parents About Asthma, allergy teaching rounds, Hospital William Soler, Havana, Cuba. 1981.